

## 12\_Healthy City Planning: Food, Physical Activity and Social Justice

### Co-chairs

Wang Lan (Tongji University, China)

Maria Chiara Tosi (University Iuav of Venice, Italy)

Angeliki Paidakaki (University of Leuven, Belgium)

Since the World Health Organization (WHO) proposed the concept of the healthy city in 1984, a healthy city movement has been organized and expanded all around the world. Healthy city planning promoted in this movement has focused on ensuring healthy lives and promoting well-being for all at all ages. It stresses and makes more evident today is the relevance of physical environment's impact on the health, well-being and welfare of residents. The support for urban actions and practices have devoted to increase physical activity, provide wider access to healthy food, elevate air and water quality and strengthen social connections to create healthier communities, at the same time to guarantee equitable access to education, housing, jobs and basic infrastructure.

The aim of the track is to discuss which kind of innovations in urban planning and design are needed to promote, finance and sustain healthy oriented built environment, which have the potential to reshape the lifestyle and working patterns of urban residents, and to assure socio-spatial justice. Theoretical, empirical and methodological contributions to this track deal with planning and urban design strategies and practices that directly affect health, wellbeing and welfare in our cities.

Papers considering one or more of the following dimensions are particularly encouraged:

- Physical activity and urban design
- Walkable city and active transit
- Urban environment and health outcomes
- Planning healthy neighborhoods
- Slow food and community garden
- Social justice and public health
- Urban movements and "health for all"
- Urban governance and equitable access to health
- Social innovation and health services provision
- Financing healthy neighborhoods
- Multi-level governance and regulation of health

**Keywords:** healthy city, wellbeing, welfare, equality, accessibility, walkability, quality of urban life, community garden, slow food, urban design, urban movements, health (multi-level) governance.